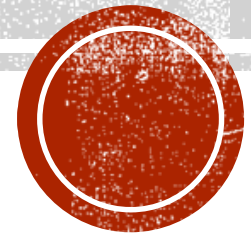
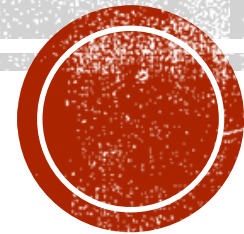


ABC QUICK CHECK



A. B. C. QUICK CHECK

1. Air Pressure
2. Brakes
3. Cranks / Chain
4. Quick release
5. Check Ride



AIR

- MANUFACTURERS SPECIFICATIONS (SIDE WALL OF TIRE)
- INSPECT TIRE FOR CUTS AND OR FOREIGN OBJECTS EMBEDDED IN THE RUBBER
- RELIABLE PRESSURE GAUGE
- ACCURATE TIRE PRESSURE IS IMPORTANT
- CONSIDER CARRYING A SMALL TIRE PUMP
- LOW PRESSURE VS HIGH PRESSURE



BRAKES

- **SQUEEZE BRAKE LEVER**
- **CHECK FOR DEBRIS AND WORN PARTS**
- **WORN OUT BRAKE PARTS CAN LEAD TO INCREASED STOPPING DISTANCES AND BECOME A SAFETY ISSUE**
- **CHECK BRAKE ROTORS AND PADS FOR DAMAGE AND STRAIGHTTNESS**



CRANKS AND CHAIN

- CHECK CRANKS FOR SIDE TO SIDE PLAY
- INSPECT THE TEETH ON THE CHAIN RINGS
- MAKE SURE PEDALS ARE TIGHT
- PEDALS SHOULD SPIN FREELY
- CLEAN AND LUBE CHAIN REGULARLY



QUICK RELEASE

- CHECK FRONT AND REAR QUICK RELEASES TO ENSURE TIGHTNESS
- THE CAM ACTION IS WHAT HOLDS THE WHEELS ON



CHECK RIDE

- RIDE BIKE AND CHANGE GEARS, TEST BRAKES, AND LISTEN FOR NOISES.
- REMEMBER, YOUR BIKE IS YOUR POLICE VEHICLE AND SHOULD BE MAINTAINED TO THAT STANDARD



A B C QUICK CHECK SHOULD BE DONE BEFORE EVERY SHIFT



QUESTIONS?

